

October at a glance...

 268, 3-day emergency food parcels given out



649 people fed
40% of these were children

Reasons for referrals

Low income

Benefit delays or changes

Refused crisis grant

Debt



*homeless, sickness, domestic violence, delayed wages, other

Low income continues to be the main reason for referrals (47%) and there was a slight increase in referrals due to benefits changes or delays up to 18% in October compared to 15% in September.

Who received our parcels?

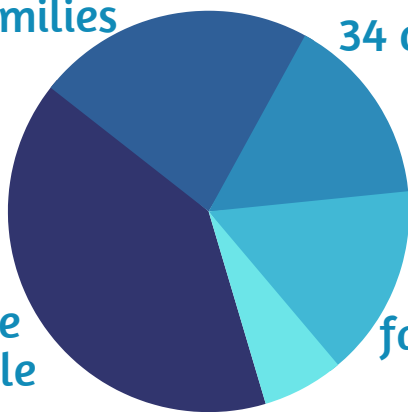
66 single parent families

34 couples

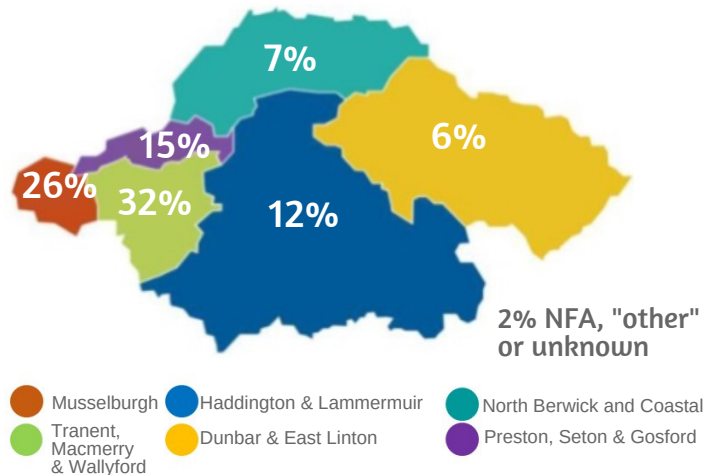
100 single people

52 families

17 "other"



Where did our parcels go?



There was a 20% increase in referrals for households with children compared to September 2021.

How much did we give out?



6050kg given out

How much was donated?



6700kg of donations

Who sends us referrals?

Everyone who receives a food parcel is referred to us by one of our partner organisations across the county

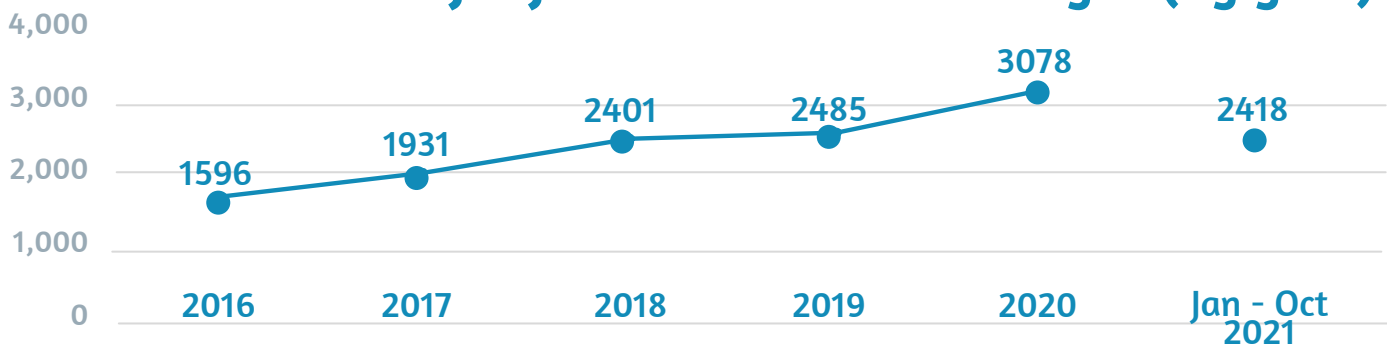


*Home-Start East Lothian

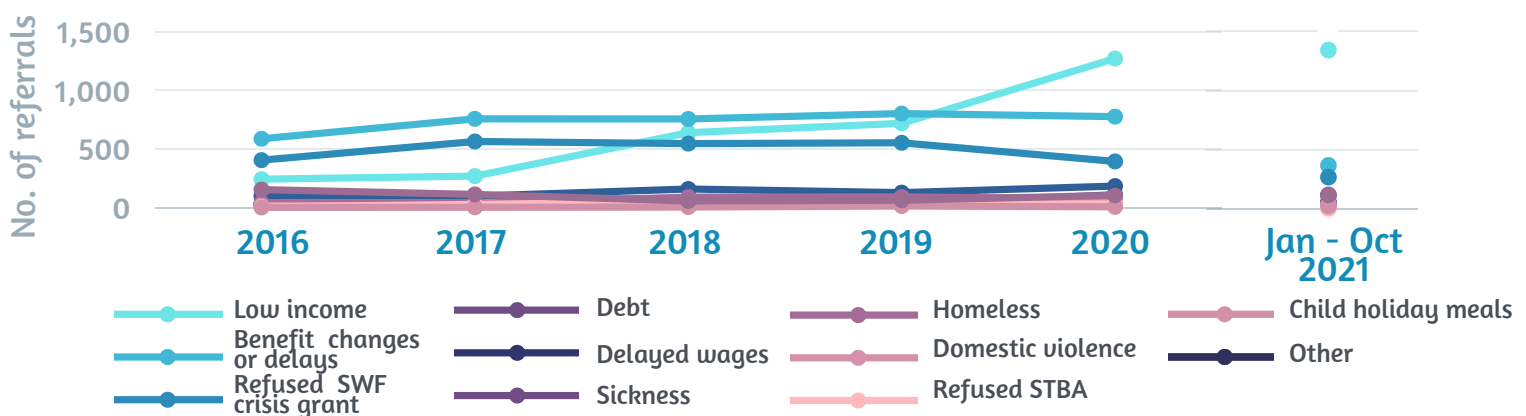
** for further information on who refers to us please contact the foodbank

The largest number of referrals from a single agency came from the Scottish Welfare Fund (16%), closely followed by Musselburgh Citizen Advice Bureau (14%). Referrals from East Lothian Council departments accounted for 33% and NHS services accounted for 21% of all referrals received.

How have the no. of referrals we receive changed (by year)?



How have reasons for referrals changed over time?



Low income as a reason for referral remains high, accounting for 56% of 2021 referrals compared to 41% of referrals in the whole of 2020.