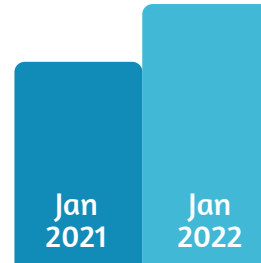


# January at a glance...

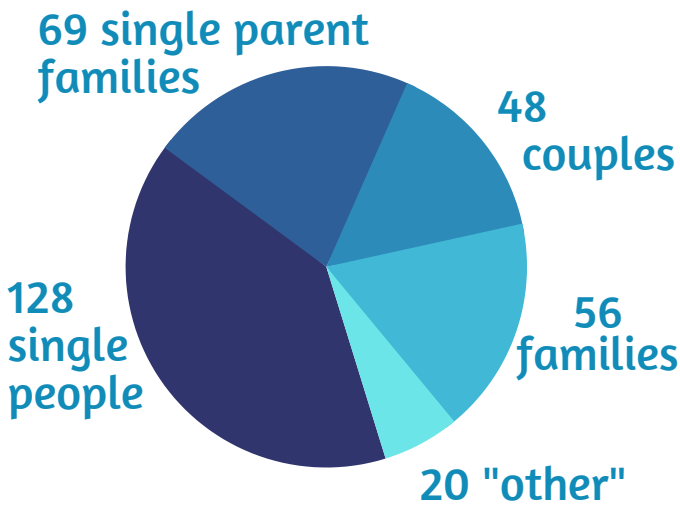
 321, 3-day emergency food parcels given out

 763 people fed  
38% of these were children

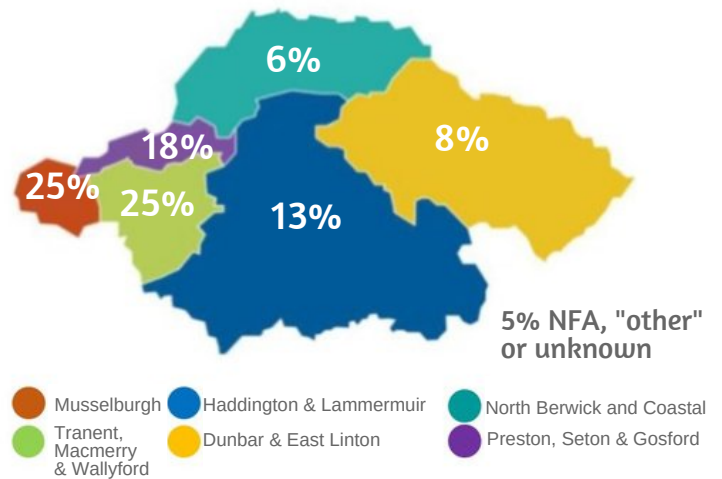


28% increase in no. of parcels compared to Jan 2021

## Who received our parcels?



## Where did our parcels go?



## Reasons for referrals

Low income continues to be the main reason for referrals, accounting for over half of all referrals (54%)



\*domestic violence, delayed wages, child holiday meals, other reason

## Thank you, you donated

 6,104kg

## We gave out

 7,058kg in parcels

 217kg to partner organisations

## Who sends us referrals?

Everyone who receives a food parcel is referred to us by one of our partner organisations across the county

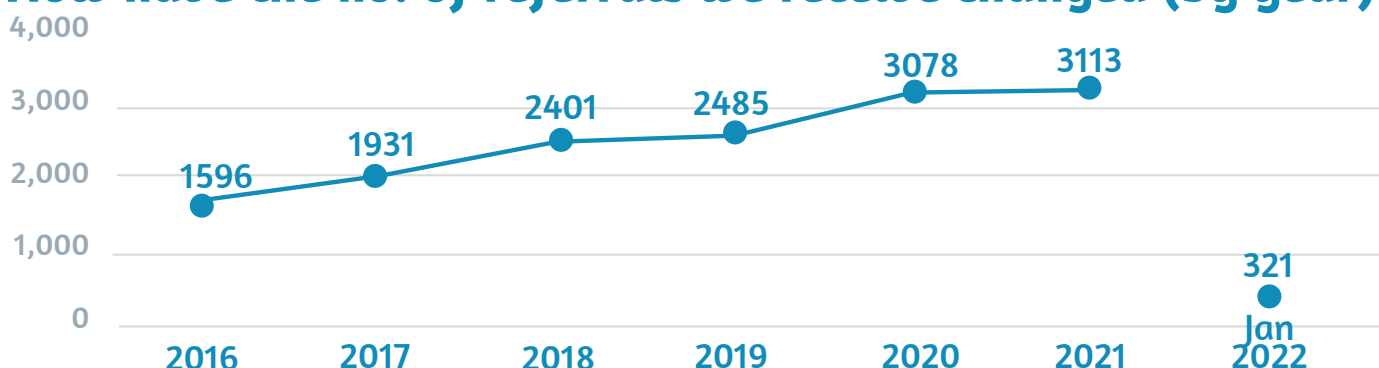


\*Pennypit Community Development Trust

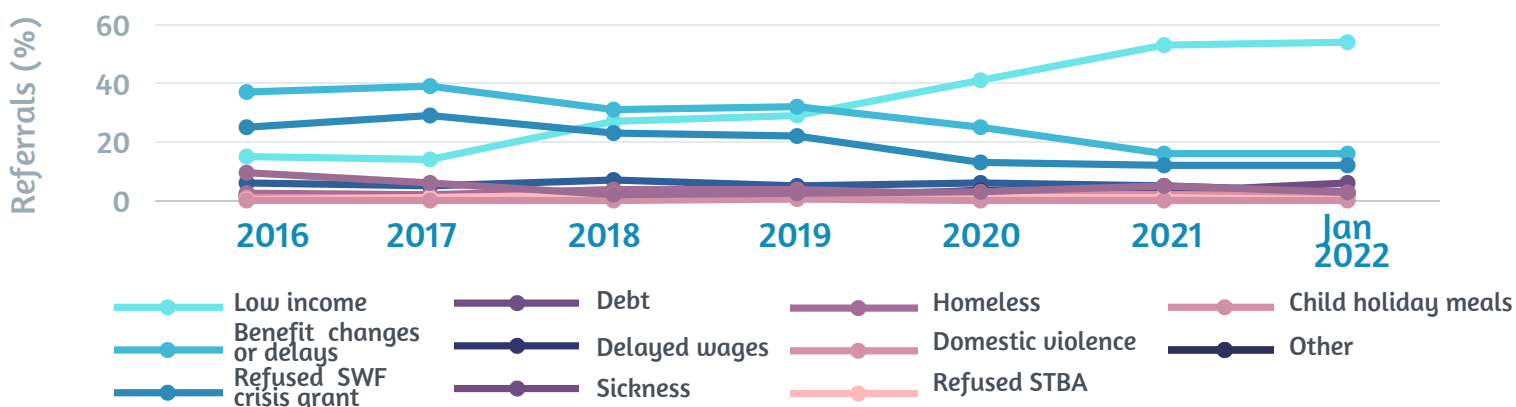
For further information on who refers to us please contact the foodbank

East Lothian Council departments account for a third of referrals, with the largest number of referrals from a single agency received from the Scottish Welfare Fund (15%) and Musselburgh Citizen Advice Bureau (15%). NHS services accounted for just over 18% of all referrals received.

## How have the no. of referrals we receive changed (by year)?



## How have reasons for referrals changed over time?



Low income as a reason for referral remains high, accounting for over half of all referrals in 2021 and Jan 2022.