

## May at a glance...



427, 3-day emergency food parcels given out



988 people fed  
39% children



8,892 meals



8800kg given out

Demand continues to increase with May 2022 being the busiest month ever in the history of the foodbank (86% up on May 2021)

The biggest change was seen in referrals for single parent families with an increase of 60% compared to April 2022

### Reasons for referrals

Low income accounted for 70% of all referrals received

Low income

Benefit delays or changes

Refused crisis grant

Debt

\*

\*homelessness, sickness, domestic abuse, delayed wages, child holiday meals, other reason

## Where did our food and toiletries come from in April?



4016kg donated



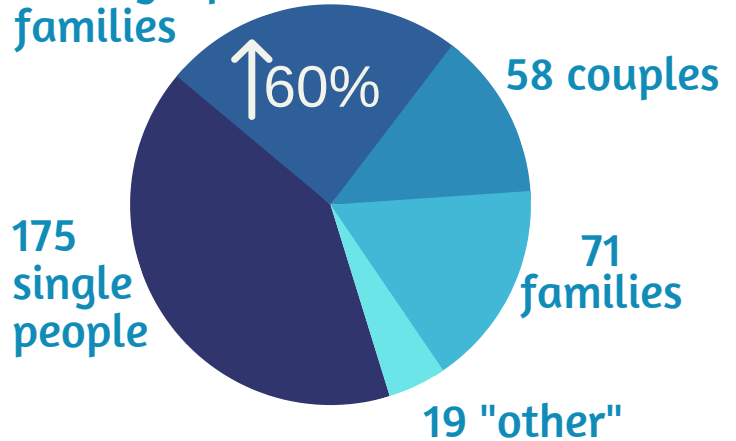
2746kg purchased with public donations



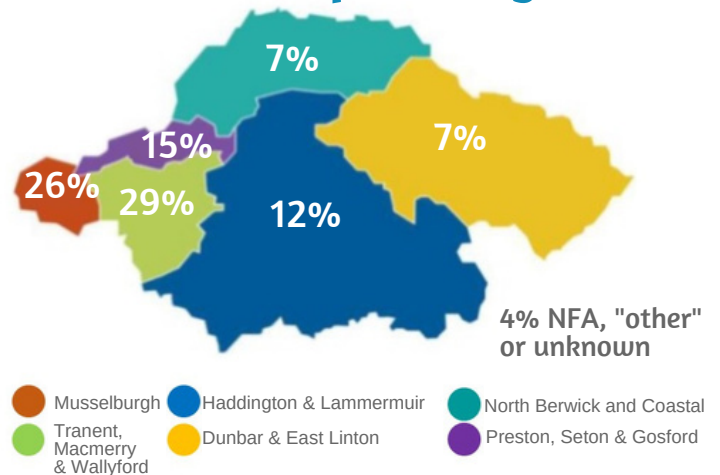
**FareShare** 325kg  
fighting hunger, tackling food waste

## Who received our parcels?

104 single parent families



## Where did our parcels go?



## Who sends us referrals?

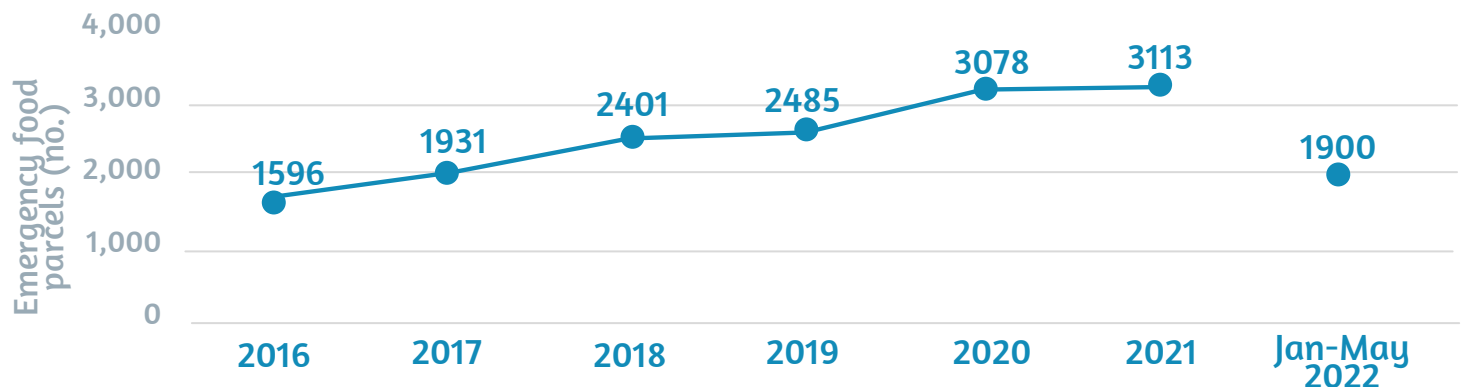


\*Pennypit Community Development Trust \*\*Volunteer Centre East Lothian  
†For further information on who refers to us please contact the foodbank

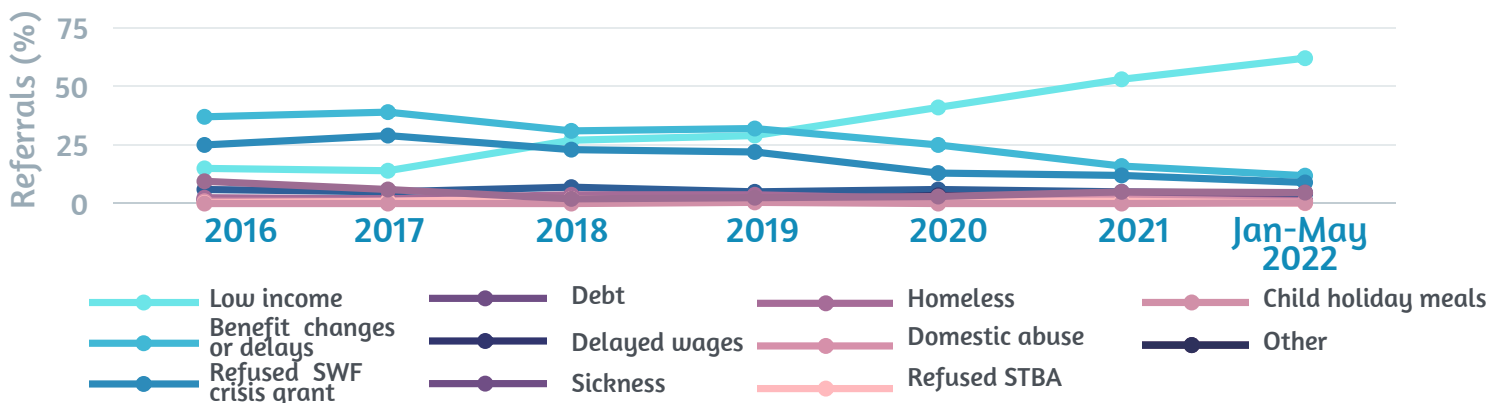
East Lothian Council departments account for over a third of all referrals received, with NHS services accounting for a further 18% of referrals.

Musselburgh CAB was our busiest individual referrer (17%), and together with Haddington CAB were responsible for 19% of all referrals.

## Year on year the demand for emergency support has increased



## Referrals due to low income are at their highest ever



Low income remains the primary reason for referrals accounting for over 70% of all referrals received