

October at a glance...



398 households supported with 3-day emergency food parcel



967 people fed
36% children



8,703 meals



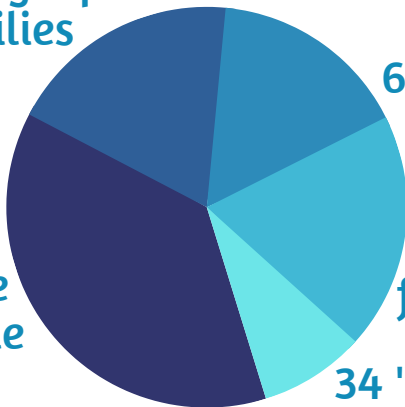
8,462 kg given out

The last 3 months have sadly been the busiest on record with us reaching targets we would never want to meet. This is likely to be the most challenging winter we have ever faced as the soaring cost of living means more and more people are forced to our doors.

Who received our parcels?

75 single parent families

149 single people

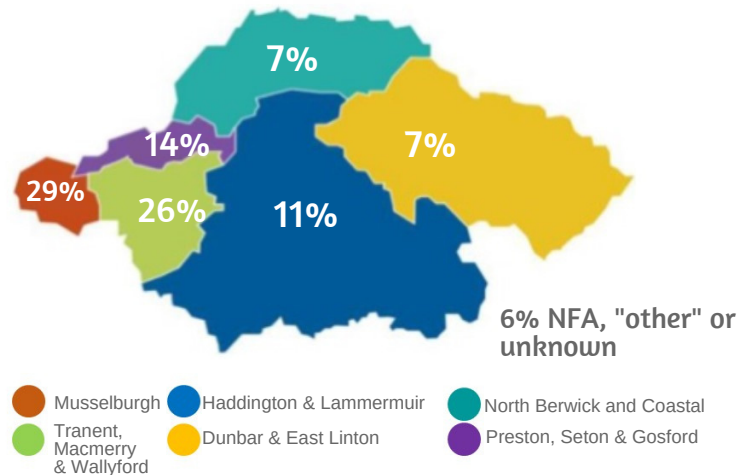


64 couples

76 families

34 "other"

Where did our parcels go?



Reasons for referrals

Low income

Benefit delays or changes

*SWF

Debt

**

*Refused crisis grant

**homelessness, sickness, domestic abuse, delayed wages, child holiday meals, other reason

Where did our food and toiletries come from in June?



9418kg donated



1106kg (~11%) of stock purchased with public donations

Who sends us referrals?

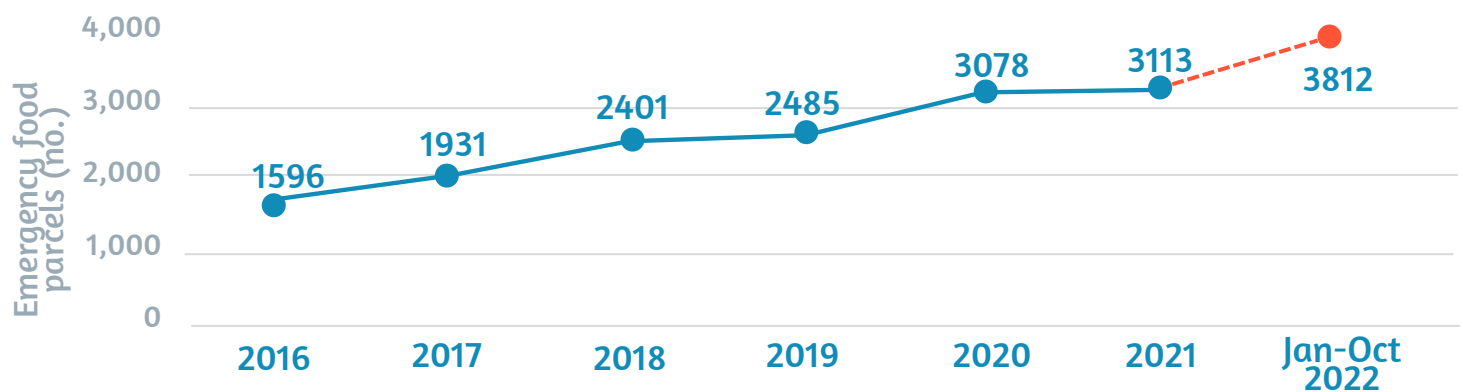


*Volunteer Centre East Lothian **Pennypit Community Development Trust

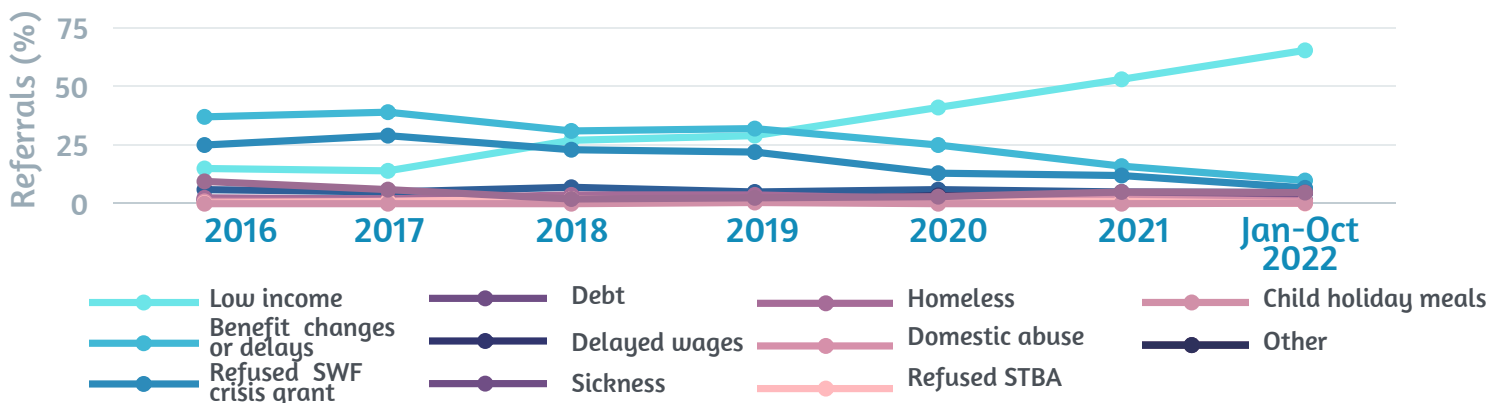
†For further information on who refers to us please contact the foodbank

Referrals from East Lothian Council, NHS services and the local CAB offices account for over 70% of referrals. Referrals from the Scottish Welfare Fund have reduced as additional funding was made available via East Lothian Council to reduce reliance on emergency food providers. Musselburgh CAB continues to be our busiest individual referrer (over 20%).

Year on year the demand for emergency support has increased



Referrals due to low income are at their highest ever



Low income remains the primary reason for referrals accounting for over 70% of all referrals received.