

FEBRUARY AT A GLANCE...



482 households supported with 3-day emergency food parcels
This includes multiple parcels to one household



369 individual households supported during the month



1161 people fed
407 children

Although the total number of households receiving support in February decreased compared to January, the no. of people supported was similar and there was a small increase in no. of children



10,449 meals

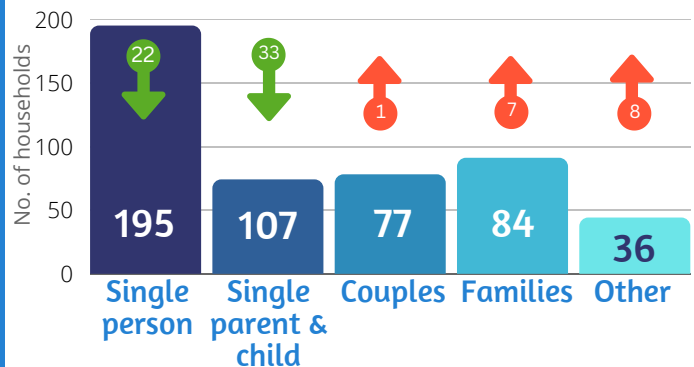


10,176kg of essential food & toiletries provided

77% of households only needed our help once in February but **23% needed emergency food more than once in the month**



WHO RECEIVED OUR PARCELS?



Decrease in number compared to previous month
 Increase in number compared to previous month

WHERE DID THE ESSENTIALS WE GAVE OUT COME FROM?



6515kg of essential food & toiletries donated



1512kg of stock purchased with public donations

WHY WAS HELP NEEDED?

Low income continues to be the most common reason for support being needed. 72% of households needing support in February gave low income as the reason

Benefit delays or changes

Refused SWF crisis grant

Sickness

Debt

*

*Other reasons for support being needed including homelessness, domestic abuse, delayed wages and refused short term benefits advance

WHO SENT US REFERRALS?

Requests for support were received from 60 partners across the county.

East Lothian Council Services

Citizen Advice Bureaus

NHS Services

VCEL*

PCDT**

Penumbra

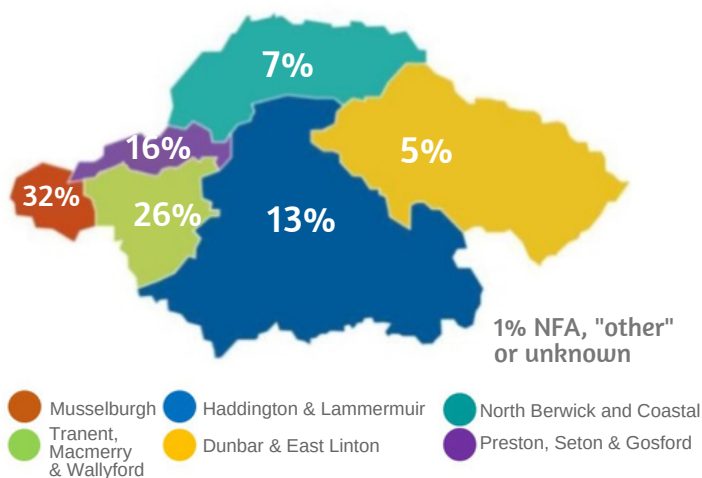
Other partners referring 2% or less of total referrals†

*Volunteer Centre East Lothian **Pennypit Community Development Trust

†For further information on who refers to us please contact the foodbank

Support requests from East Lothian Council services, local CAB offices and NHS services continue to account for over 2/3 of all referrals received and Musselburgh CAB continues to be our busiest individual referrer, accounting for over 21% of all referrals.

WHERE DID OUR PARCELS GO?



THE COST OF LIVING IS IMPACTING US ALL

If you or someone you know needs help, it's easy to access our support



Prefer to chat?
Call us on 07516 510 617



Prefer text or whatsapp?
No problem, it's the same number



Prefer to write? Email us on
info@eastlothian.foodbank.org.uk