

MARCH AT A GLANCE...

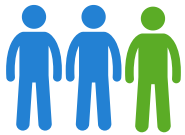
WHO RECEIVED OUR SUPPORT?



565 emergency food supplies sent to 433 local households

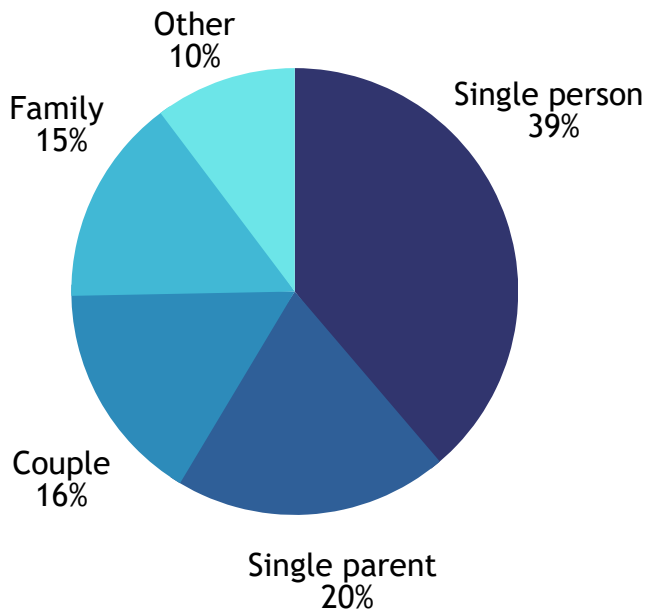
Supplies contain 3-days of food for each member of the household

Over 3/4 of households (77%) only needed our help once in March but nearly 1/4 (23%) needed more support

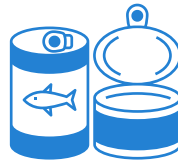


1324 people fed and more than 1 in 3 (34%) emergency food supplies were for children

HOUSEHOLD BREAKDOWN



WHAT DID WE SUPPLY?



11,102 kg essential food & toiletries



11,916 meals

Each person receives a 3-day supply for breakfast, lunch, and dinner as well as fruit juice, tea or coffee and snacks

WHERE DID THE ESSENTIALS WE GAVE OUT COME FROM?

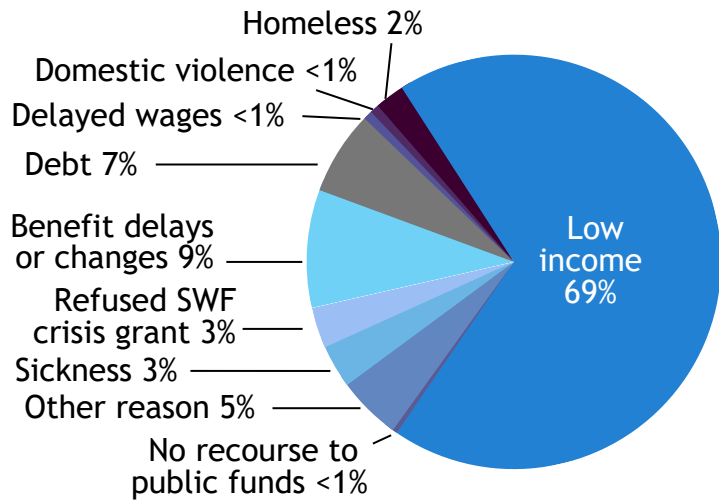


6,444kg of essential food & toiletries donated



1,551kg of stock purchased with public donations

WHY DID PEOPLE NEED OUR SUPPORT?



Over two thirds of all requests for support in March were for local people whose income from benefits and/or work was simply too low to cover the cost of essentials like food, heating, rent and bills.

WORKING WITH PARTNERS ACROSS THE COUNTY

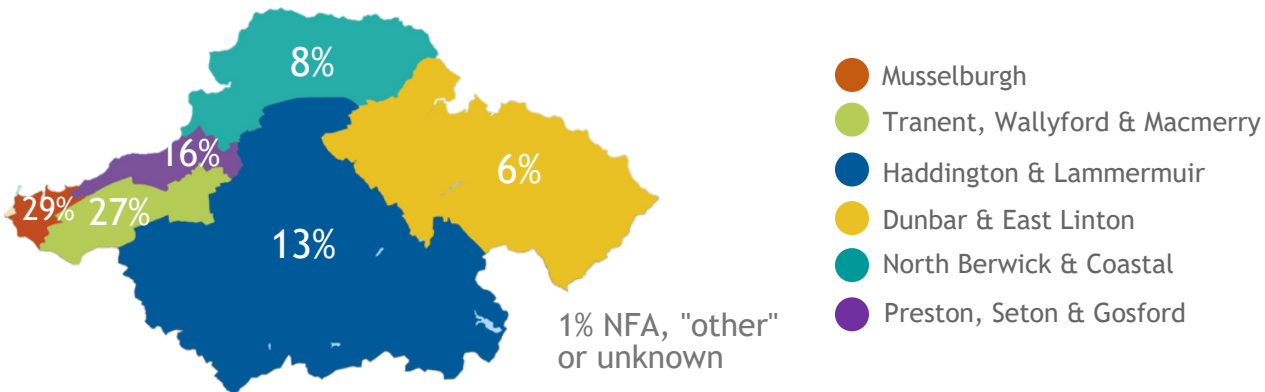


Requests for support were received from 66 partners across the county.

Musselburgh CAB continues to be our busiest individual referrer, accounting for 21% of all support requests.

Nearly 1 in 4 (24%) of referrals came from East Lothian Council services whilst local NHS services accounted for 17% of all referrals.

WHERE DID OUR PARCELS GO?



THE COST OF LIVING IS IMPACTING ALL OF US

IF YOU OR SOMEONE YOU KNOW NEEDS HELP, IT'S EASY TO ACCESS OUR SUPPORT



Prefer to chat?
Call us on 07516 510 617



Prefer text or whatsapp?
No problem, it's the same number



Prefer to write? Email us on
info@eastlothian.foodbank.org.uk